

Woodhouse.

ALMANACK

for the year of our

LORD GOD

1644.

Being Bissextile or Leap-year,
and since the Creation of the

world 5593.

Calculated for the longitude
and latitude of the City of *Dub-*
lin, and may generally serve for
all IRELAND.

BY

John Woodhouse Gent.



DUBLIN.

Printed by *William Bladen.*

anno Dom. 1644.

Wroughraig,

Tharmouth. N. W.

R. Owen B. D.



The common notes and moveable Feasts for
this present year 1644.

The old Iulian &
English account.

The new Gregorian
& Roman account.

	11	The golden number	11	
	1	The circle of the Sun	11	
	12	Roman Indiction	12	
	1	The Epact	1	
March	10	Quadragesima or 1. Sunday of Lent	Feb.	14
April	21		March.	27
June.	9		May.	15
December.	1		Novemb.	27

Of the Eclipses happening this yeare.

There shalbe 2. Eclipses of the Sun this yeare,
Whereof the latter shalbe a little scarse of vs the 22.
Day of August, about 4. of the clocke in the morning.

Head	}	Head and face.
Throat		Necke and throat.
Shoulders		Armes and shoulders:
Breast		Breast and Stomack.
Back		Heart and back.
Belly		Bowels and belly.
Loynes		Reines and loynes.
Secrets		Secrets and bladder.
Thighs	}	The Thighs.
Knees		The Knees.
Legges		The Legges.
Feet		The Feet.

**A perfect Rule to know the Termes or first Day
and Daies of Appearance of every Returne
in every Term in the Court for ever.**

Essoyne or first Dayes. | Dayes of Appearance.

Where Term begins Janu. 13. ends Febr. the 12.

Octab. } Hillar { 20 } Janu	Octab. } Hil. { 23 } Janu
XV. } { 27 }	XV. } { 31 }
Craft. } Purif. { 3 } Febr	Craft. } Pur { 6 } Febr
Octab. } { 6 }	Octab. } { 13 }

Term begins 17 daies after Easter & ends 4. daies
after Ascension day, & hath 3 Returnes.

XV. Pas. } { 1 week } { 2 }	XV. } { all on the }
Tr. Pas. } { 2 week } { 3 }	Tres } { Wednes }
Men. Pas. } { month } { 4 }	Men. } { daies in the }
V. Pas. } { week } { 5 }	V. } { Terme. }
Craft. Ascens. the morrow af-	Craftin. Ascens. monday
ter Ascension day.	before Whitfriday.

Term begins the Friday after Trinity Sunday.
and ends the Wednesday fortnight after.

Craft. } { all upon the }	Craft. } { Frid. aft. Trin. sun. }
Octab. } { Mondayes }	Oct. } { All the wed-
XV. } { Trin. } { after Trin- }	XV. } { nesday in }
Tres } { the Sunday. }	Tres } { the Terme. }

Michaelmas Term begins 23. of Octob. ends Decemb. 28

Tres } Mich. { 20 } Deco	Tres } Mich. { 27 } octo,
Menf. } { 27 }	Menf. } { 31 }
Craft. Anim. { 3 }	Craft. Anim. { 6 }
Craft. } { 12 }	Craft. } { 15 }
Octab. } Mart. { 18 } Robt.	Octab. } Mart. { 21 } Ro.
XV. } { 25 }	XV. } { 28 }

**Prohibited that none of the before mentioned dayes
be not upon the Sunday. if so, then the day after.**



The Twelveth Month Termes.

Between { Michaelmas Term & Candlemas ter. is 7. week 3. dayes.
 { Candlemas Term and Easter Term is 12. weeks.
 { Easter Term & Midfomer Term is 2. weeks 3. dayes
 { Midfomer Term & Michael. term is 15. weeks.

Note that beginns here at on
 the third of November.

The Twelveth Month Church.

From { After Advent sund. } till { The 12 of January.
 { After Septuagess. } { 8. dayes after Easter
 { Rogation sunday. } { Trinity Sunday.

The Twelveth Month Days.

Wednesday } { Quadragesima.
 Friday and } after { Whitsunday.
 Saturday } { Holy Crosse. Septemb. 14.
 { S. Lucies day. Decemb. 13.

Note that if Holy Crosse, or S. Lucies day fall vpon
 wednesday, then take the wednesday following.

Septuagesima }
 Sexagesima } is alwayes } { 9 }
 Quinquagesima } before Easter } { 8 } weeks.
 Quadragesima } { 7 }
 { 6 }

} is alwayes } { 5 }
 } after Easter } { 7 } weeks.
 { 8 }

And Thursday next after Trinity Sunday
 is Corpus Christi.

A true Computation of memorable things.

F rom the Creation to <i>Noahs</i> Flood, <i>Gen.</i> 5. 7. 11.	1059
From the Flood to <i>Abram</i> , <i>Gen.</i> 11. 32. 12. 4. <i>Aet.</i> 7. 4.	355
From <i>Abrams</i> birth to <i>Terahs</i> death, <i>Gen.</i> 11. 32. & 12. 4.	79
From <i>Terahs</i> death to <i>Israels</i> deliverie, <i>Exod.</i> 12. 40, 41.	433
From that time till <i>Solomons</i> Temple, 1 <i>Kp</i> g. 6. 1.	483
From the building of <i>Solomons</i> Temple, untill <i>Christ</i> .	1031
From <i>Christs</i> birth untill this yeers end	1644
The full sum from the Creation to this yeers end is	5593
The destruction of the City of <i>Troy</i>	2828
<i>Brute</i> entred this Island of <i>Great Britain</i>	2750
The building of the City of <i>London</i>	2752
The building of the City of <i>Rome</i>	2395
The Captivitie of <i>Babylon</i> by <i>Cyrus</i>	2282
The desolation of the Temple of <i>Solomon</i>	2249
<i>Augustus Caesar</i> began his Empire	1684
<i>Jerusalem</i> utterly destroyed by <i>Vespasian</i>	1561
<i>England</i> first received the Christian Faith	1461
<i>Egbrichus</i> who made <i>England</i> first a Monarchy	842
Duke <i>William</i> conquered <i>England</i>	578
The building of <i>Westminster-hall</i>	544
The first Major of <i>Lond.</i> & stone bridge built	452
The use of Guns invented in <i>Almayne</i>	262
Printing of books first invented in <i>Germany</i>	204
<i>Martin Luther</i> opposed the Pope	127
King <i>Henry</i> conquered <i>Bulloin</i>	100
The Earles rebellion in the North parts	75
The generall Earth quake in <i>England</i> , <i>April</i> 6.	64
The Camp at <i>Tilbury</i> in <i>Essex</i> on <i>S. James</i> day	56
Our most Christian K. <i>Charles</i> was born, <i>Nov.</i> 19.	44
The Gun Powder-treason, <i>Novemb.</i> 5.	39
The last great Frost in <i>England</i> : in <i>Nov.</i> 1607.	37
Prince <i>Henry</i> departed this life, <i>Novemb.</i> 6.	32
K. <i>Charles</i> his return from <i>Spain</i> , <i>Octob.</i> 5.	21
The last great plague in <i>London</i>	19
The birth of Prince <i>Charles</i> <i>May</i> 20	14
The Papiests Rebellion in <i>Ireland</i> <i>Octob.</i> 23. 1641.	3
which day is commanded to be kept Holy day,	
for a day of Thankesgiving.	

Since

Dai. hou. min.

A Tide Table

1	11	18
2	12	6
3	12	54
4	1	42
5	2	30
6	3	18
7	4	6
8	4	54
9	5	46
10	6	30
11	7	18
12	8	6
13	8	54
14	9	42
15	10	30
16	11	18
17	12	6
18	12	54
19	1	42
20	2	30
21	3	18
22	4	6
23	4	54
24	5	42
25	6	30
26	7	18
27	8	6
28	8	54
29	9	42
30	10	30

The age of the Moone.

The time of full Sea at the Barre of Dublin.

The use of this table is this, first find in the Almanack the day of the age of the Moone, & against that day in the second columnne of this table you have the houre of full Sea at the Barre of Dublin, except that contrary winds, great foulds, or the change of the Moone be not about 6. houres from noon, which if he be discret that uses this Table, will teach him how to adde or abate more time from the time of full Sea in the Table.

Example.

I desire to know full Sea at the Bar of Dublin the 2. of January 1644. I find by my ensuing Almanack the moon to be 2. dayes by the change in the 5. columnne of my Almanack the said 2. of January, with this I enter my table annexed and oher against the said 2. day in the first columnne, I find in the second columnne 12. houres and 6. minuts for the time of full sea on the said 2. day of January, & this needeth not any abatement or addition, the change being lesse then 6. houres from noon.

Our most gracious King CHARLES, began His raigne ouer great Brittain the 27. of March, Anno Dom. 1625. and hath raigned 19. yeares compleat the 26. of March this yeare 1644, but the 27. day we write Anno Regni. 20.

God grant Our gracious King, long life, good health, and a prosperous happy Raigne over us.

¶ **When Sunday is altered** the fourth Sunday be-
fore Christmas, and is yearly altered according to the
changing of the Dominicall letter. For

When	[B]	is Dominicall Letter,	[27]	of November.
	C		[28]	
	D		[29]	
	E		[30]	
	F	Adventsun- day shall be the	[1]	of December.
	G		[2]	
	[A]		[3]	

Also when	[B]	is Dominicall Letter,	[Sunday.
	C		Saturday.
	D		Friday.
	E		Thursday.
	F	Christmas day shall fall upon	Wednesday.
	G		Tuesday.
	[A]		Sunday.

¶ **But** I have set off with of the **Alphabet** used, whereby
may be known how many of them doe fall upon

the **Sundays** in every year.

New years dayes.	S. George.	A
Philip and Iacob.	Christmas day.	B
S. Mark. S. James. S. Stephen.		C
S. Luke. All Saints. S. John Evangelist.		D
Candlemas day. S. Peter. S. Bartholmew. S. Mathew.	}	E
S. Andrew. S. Thomas. Innocents.		F
Twelfe day. S. Mathias. S. Patrick. S. Michael.	}	G
Annunciation of the Virgin Mary. S. John Baptist.		A
Simon and Jude.		

¶ **Also when** Bisextile or Leap-year falleth, then Fe-
bruary hath 29. daies, and S. Mathias day is to be
kept the 15. day, and the Calend of February are twice
numbred, and the Dominicall Letter is changed into
the precedent Letter, as A shall be changed into G
the precedent Letter, &c.

January hath XXXI. dayes.

	Daies	ho.	min.		ho.	min.		ho.	min.
Sun riseth	1	8	0	Sets	4	0	Day	7	42
	10	7	19		4	11	length	8	6
	20	7	34		4	26		8	46

1	a	New years da	aqua	13	11	d	
2	b	Macarius.		28	12	e	
3	c	Genouefe.	pifces	12	13	f	
4	d	Citus.		27	14	g	
5	e	Edw.conf	aries	11	15	a	
6	f	Trente day.		25	16	b	First qua. the
7	g	1. Sun. aft. Ep.	taur	9	17	c	6. Day, near 2.
8	a	Lucian.		25	18	d	in the after=
9	b		gem	7	16	e	noone.
10	c	Sol in Aquar.		20	20	f	clouds & wind.
11	d	Viginus.	canc	3	21	g	
12	e	Satyrus.		16	22	a	
13	f	Hilary.		29	23	b	Full Moone
14	g	2. Sun. aft. Epi.	leo	11	24	c	the 13da. near
15	a	Micah & Hab.		24	25	d	9. in at night.
16	b	Marcellus.	virg	6	26	e	windy & rain.
17	c	Anthony		18	27	f	
18	d	Prisca		30	28	g	
19	e	Wolstan	libra	11	29	a	
20	f	Octab. Hillarij.		23	30	b	Last quart.
21	g	3. Sun. aft. Epi.	scorp	5	31	c	the 22. day,
22	a	Vincent.		17	Fe.	d	at 2. in the
23	b	Febr. 1. day		27	2	e	mornig.
24	c		sagit	12	3	f	temperate.
25	d	Con of Paul.		27	4	g	
26	e	Polycarp.	capz	9	5	a	
27	f	Quind. Hilarij.		23	6	b	New Moone
28	g	4. Sun. aft. Epi.	aqua	7	7	c	the 29. day
29	a	Valertus.		22	8	d	at 2. of the
30	b	Blodgund.	pifces	7	9	e	mornig.
31	c	Marcella.		23	10	f	temperate.

March the Moon hath 30. dayes.

Old Janus wills thee keep thy body warme
With kitchin Physick thy diseases charme,
Sweet wine is good, but exercise is best
For him that in his age would live at rest.

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February hath XXVIII. dayes.

	Da.	ho.	min.		ho.	min.		ho.	min.
Sun riseth	1	7	20	Sets	4	40	Dai.	9	20
	10	7	3		4	57		9	54
	21	6	38		5	22	leng	10	44

1	d	Brigid. Fast	aries	7	11	a	
2	e	Purific.		21	12	a	
3	f	Craftina Purif.	taur	6	13	b	first qu. the
4	g	5. sun. aft. Epi.		20	14	c	4. Day at 11.
5	a	Agatha.	gem	4	15	d	20. minnits
6	b	Dorothea.		17	16	e	at night.
7	c	Augulus.	canc	1	17	f	Faire.
8	d	Paul		13	18	g	
9	e	Octab. Puriff.		26	19	a	
10	f	6. sun. aft. Epi.	leo	8	20	b	Full Moore
11	g	6. sun. aft. Epi		21	21	c	the 12. Day at
12	a	Agabus.	virgo	2	22	d	10.42. min.
13	b	Agabus.		14	23	e	at night.
14	c	Valentine.		26	24	f	Fayre & tem-
15	d	Faustinus	libra	8	25	g	perate.
16	e	Iulian		20	26	a	
17	f	Intan.	scorp	2	27	a	
18	g	Septuagess. 7.		14	28	b	Last qu. the
19	a	Sabine		26	29	c	20. Day at 7.
20	b	Mildred	sagit	8	Mar	d	20. minnits
21	c	70. Martys.		21	2	e	at night
22	d	Peters chair	capric	4	3	f	Windy & wet
23	e	Policarp		17	4	g	
24	f	Fast	aquy	1	5	a	New Moore
25	g	Martin.		17	6	b	the 27. Day at
26	a	Refoz mart.	pisces	1	7	c	5.30. minnits
27	b	Augustine		15	8	d	at night.
28	c	Oswald bi h.	aries	1	9	e	cloudy.
29	d	Roman abbot		15	10	f	

February the Moon hath 28. dayes.

Of cold beware, with venison and fish
Doe not in any case maintaine thy dish,
'Tis not amisse to purge, to bath, or bleed,
If learned Counsell, and body stand in need.

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Jo: Beuan:

Jo: Glendale: *adms.*
{As} many minuts the Sun {setteth after 3.4.5.6.7.8.
{So} {riseth before 9.8.7.6.5.4.

March hath XXXI. dayes.

	Dai.	ho.	min.		ho.	min.		ho.	min.	
Snn riseth	{	I	6	19	{	5	41	{	I	22
		10	6	0		6	0		12	0
		20	5	41		6	19		12	38
	Sets							Dai.		
								leng		

1	d	David bishop	taur	I	11	g	
2	e	Chad bish.		15	12	a	
3	f	Michael.		29	13	f	
4	g	Abzian	gem	13	14	c	
5	a	Phocas.		27	15	d	First qua. the
6	b	Ashwednesday.	canc	10	16	e	5. Day at 10 of
7	c	Herpetue		23	17	f	the clock in
8	d	Felix.	leo	5	18	g	the morning.
9	e	Sol in Aries.		17	19	a	wind and raine
10	f	1. sun. in Lentr		29	20	a	
11	g	Soldat mart.	virg	11	21	c	
12	a	Gregory.		23	22	d	
13	b	Sabinus	libra	5	23	e	Full moon the
14	c	Pet. mart.		17	24	f	13. Day at 9. in
15	d	Longinus		29	25	g	the morning.
16	e	Papa martyr	scorp	11	26	a	windy.
17	f	St. Patrick.		23	27	f	
18	g	Frigidianus	sagit	5	28	c	
19	a	Joseph.		17	29	d	Last qua. the
20	b	Cuthbert.		30	30	e	21. Day at 9.
21	c	Benedict	capz	13	31	f	in the morn.
22	d	Aphrodos.		26	Apr	g	cloudy
23	e	Victorinus.	aqua	10	2	a	
24	f	3. sun. in Lentr.		24	3	b	
25	g	St. Mark.	pisc	9	4	c	New moone
26	a	Castulus.		23	5	d	the 28. Day
27	b	Int. Reg. Car.	artes	8	6	e	half houre af
28	c	Priscus.		24	7	f	ter 2. in the
29	d	Quintine	taur	9	8	g	morning.
30	e	Natrinus		24	9	a	clouds & wind
31	f	4. sun. in Lentr.	gem	8	10	b	

January the Moon hath 30. dayes.

Bathe oft, bleed not unlessse occasion urge,
Nor doe thy body too untimely purge;
More health is gotten by observing diet
Then pleasure tane by vaine excesse and riot.

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April hath XXX. dayes.

	Daies	ho.	min.		ho.	min.		ho.	min.			
Sun riseth	{	1	5	16	Sets	{	6	44	Daies	{	13	28
		10	4	57			7	3			14	6
		20	4	38			7	22			length	14

1	g	Theodora.	gem	22	11	c	
2	a	Mary Egypt	canc	6	12	d	
3	b	Richard bish.		19	13	e	First qu. the
4	c	Ambrose.	leo	2	14	f	2. Day at 10.
5	d	Marcan		14	15	g	at night.
6	e	Sixtus		26	16	a	temperate.
7	f	5. sun of Lent	virg.	8	17	b	
8	g	Herodian.		20	18	c	
9	a	Prochorus.	libra	2	19	d	Ful moon the
10	b	7000. Virgi.		14	20	e	12 day at 10 in
11	c	Sol in Taurus		26	21	f	the morning.
12	d	Julius bish.	scorp	8	22	g	Fayre.
13	e	Iustin mart.		20	23	a	
14	f	Palm Sunday	sagitt	2	24	b	
15	g	Olympiad.		14	25	c	
16	a	Isidore		27	26	d	Last qua. the
17	b	Anicetus	capr	10	27	e	19. day at 7.
18	c	Euther		23	28	f	in the after-
19	d	Alphage.	aqua	6	29	g	noone.
20	e	Eother		19	30	a	temperate.
21	f	Callixtus.	pisce	2	Ma	b	
22	g	Apelles		18	2	c	
23	a	St. George.	aries	2	3	d	
24	b	St. Andrew.		17	4	e	
25	c	Marcelline	taur	2	5	f	New Moone
26	d	Anastatius		17	6	g	the 26. day
27	e	1. sun. aft. East.	gem	2	7	a	halfe houre
28	f	Cyprian.		17	8	b	after 10. in
29	g	Erkinwald.	canc	1	9	c	the morning.
30	a			14	10	d	Fayre

April the Moone hath 29. dayes.

To purge to bathe, or bleed is not debarr'd,
So that the golden meane be well observ'd;
It's also good to hunt, to ride and run,
So that extreames herein thou ever shun.

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May hath XXXI. dayes.

	Dai.	ho.	min.		ho.	min.		ho.	min.
Sun riseth	I	4	18	Sers	7	42	Dai.	15	24
	10	4	3		7	57	leng	15	54
	20	3	51		8	9		16	18.

1	b	Phil. and Iaco	canc	28	11	e	
2	c	Athanasius	leo	11	12	f	
3	d	Invent. Cruc.		23	13	g	First qua. the
4	e	Monica	virg	5	14	a	3. Day at halfe
5	f	2. sun. aft. East.		17	15		houre after=
6	g	Quind. Pasch.		29	16	c	noone. Faire.
7	a	Jo. of. Web.	libra	10	17	d	
8	b	John. de. gen.		22	18	e	
9	c	S. Jerome	scorp	4	19	f	
10	d	Gordian mar.		16	20	g	
11	e	John. de. gen.		29	21	a	Full moone
12	f	3. sun. aft. East.	sagit	11	22		the 11. Day at
13	g	Tres Paschæ		24	23	c	5. of the clock
14	a	Boniface	capri.	7	24	d	afternoone.
15	b			20	25	e	Winde.
16	c	Brandon	aqua	4	26	f	
17	d	Bernard tran		16	27	g	Last qua. the
18	e	Dunstan bi.		30	28	a	19. Day at 2.
19	f	4. sun. aft. East.	pisc	13	29		of the clock
20	g	Mens. Pasch.		27	30	c	20. min. in
21	a	Malens	aries	12	31	d	the morning.
22	b	Hellena.		26	1u	e	winds
23	c	Deside.	taur	11	2	f	
24	d	Adlin Bisho.		26	3	g	
25	e	Urbane	gem	10	4	a	New moone
26	f	Maya. Pasch.		25	5		the 25. Day
27	g	Quinqu. Pasch.	canc	9	6	c	halfe houre
28	a	Germane		23	7	d	aft. 6. at night
29	b	Maxim. bish.	leo	6	8	e	thunder.
30	c	2. sun. aft. East.		19	9	f	
31	d	Craft. Ascent.	virg	1	10	g	

May the Moone hath 30. dayes.

Be bold to use such physicaII Intentions
As are prescrib'd by Artifts true Inventions:
But loath Impostors and quacksalving knaves,
That bring the foundest to untimely graves.

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June hath XXX. dayes.

	Dai.	ho.	min.		ho.	min.		ho.	min.
Sun riseth	1	3	41	Sets	8	19	Dai. leng	16	38
	10	3	38		8	12		16	44
	20	3	41		8	19		16	38

1	e	Nichomede	virg.	13	11	a	
2	f	6. Jun. at East.		25	12	b	
3	g	Trinitas	libra	7	13	c	first qua. the
4	a	Petrofius.		19	14	d	2. Day at 5. in
5	b	Honiface	scorp	1	15	e	the morning.
6	c	Claudius		12	16	f	cloudy.
7	d	Wolstan		25	17	g	
8	e	Medard	sagit	7	18	a	
9	f	Wolstan		20	19	b	Ful moon the
10	g	Valerius	capr	3	20	c	10. Day at 5.
11	a	John the Baptist		16	21	d	20. minutes in
12	b	Bartholomew		29	22	e	the morning.
13	c	John the Baptist	aqua	13	23	f	raine.
14	d	Walter bishop.		27	24	g	
15	e	Modestus	pisce	10	25	a	
16	f	Trinitas		24	26	b	
17	g	Trinitas	aries	8	27	c	Last qua. the
18	a	Marcus		22	28	d	17. Day at 9. in
19	b	Nat. R. Jacob.	taur	7	29	e	the morning.
20	c	Corpus Christ.		21	30	f	temperate
21	d	Term begins	gem.	5	1	g	
22	e	Albane.		19	2	a	
23	f	1 Jun. aft. Tr.	cane.	3	3	b	
24	g	S. John Bapt.		18	4	c	new moon the
25	a	Octab. Trinit.	leo	1	5	d	24. Day at 4. in
26	b	John & Paul		14	6	e	the morning.
27	c	7. Sleepers		26	7	f	temperate.
28	d	St. Peter.	virg	9	8	g	
29	e	St. Peter.		21	9	a	
30	f	2. Jun. aft. Tr.	libra	3	10	b	

June the Moone hath xxix. dayes.

Now hunt the Hare, the fearefull Buck pursue,
Bid Idlenes and *Venus* sports adue :
The carefull Husband that intends to thrive
Will like the Bee bring honey to the hive.

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July hath XXXI. dayes.

	Dai	ho.	min.	ho.	min.	ho.	min.
Sun riseth	I	3	48	8	12	I6	2
	10	3	59	8	1	I6	
	20	4	14	7	46	15	3
Sets							

1	a	Quind. Trinit.	libra	15			c	1
2	b	Visit. of Mary		27	First qua. the		d	1
3	c	Thom. transl.	scorp	8	1. day past 10		e	1
4	d	Martin transl.		20	at night.		f	1
5	e	Joe Virg.	sagit	3	cloudy.		g	1
6	f	Elai prophet		15			a	1
7	g	3. sun. aft. Tri		28				1
8	a	Tres Trinitat.	capri	11	Full moon the		c	1
9	b	Cyrril B. sh.		24	9. day at 4. in		d	1
10	c	4. sun. aft. Tri	aqua	9	the afternoon.		e	1
11	d	Benedict		22	wet.		f	1
12	e	Abaz & Felix pisc.		7			g	1
13	f	Sun in leo.		21			a	1
14	g	4. sun. aft. Tri.	aries	4	Last qua. the		c	1
15	a	Swythin.		19	16. day at 1.		d	1
16	b	Olmond	taur	3	afternoon.		e	1
17	c	Renelme		17	temperat and		f	1
18	d	Arnulph	gem	1	Faire.		g	1
19	e	Dog day begin		15			a	1
20	f	Margeret		29			c	1
21	g	5. sun. aft. Tr.	cane	11	New Moone		d	1
22	a	Mary Magd.		26	the 23. day at		e	1
23	b	Apoline	leo	9	3. afternoon.		f	1
24	c	Falt		22	Fayre		g	1
25	d	St. James	virgo	5			a	1
26	e	Anna mart.		17			c	1
27	f	7. Sleepers.		29	First qua. the		d	1
28	g	6. sun. aft. Tr.	libra	11	last day at 4.		e	1
29	a	Felix		22	afternoone.		f	1
30	b	Abdon	scorp	5	windy.		g	1
31	c	German bish.		16			a	1

July the Maone hath 30. dayes.

Strike not a veine nor doe no Physick take,
Unlesse thou wilt a breach in Nature make;
Nor medle not with wine nor wanton toyes,
Lest thou deprive thy selfe of hoped Joyes.

August hath XXXI. dayes.

	Dai.	ho.	min.	ho.	min.	ho.	min.		
Sun riseth	{	1	4	34	Sets {	7	26		
		10	5	51		7	9		
		20	5	12		6	48		
						Dai. leng	{	14	56
								14	18
								13	32

1	c	Lammass day.	scorp	28	11	f	
2	d	Stephen	sagitt	11	12	g	
3	e	Jadent Ste.		23	13	a	
4	f	sun aft. Fri.	capri	6	14	a	full moon the
5	g	Oswald King		19	15	c	8. Day at 2. in
6	a	Tramling. Dom.	aqua	3	16	d	the morning.
7	b	Gewry Consp.		17	17	e	Faire.
8	c	Cyrtack mar.	pisces	1	18	f	
9	d	Roman mar.		16	19	g	
10	e	Laurence.		30	20	a	
11	f	8 sun. aft. Tr.	aries	15	21	d	last quart. the
12	g	Clare virg.		30	22	c	14. Day at 6.
13	a	sun in Virgo	taur	14	23	d	at night.
14	b	Eusebius		28	24	e	Faire.
15	c	Assumpt. Mary	gem	12	25	f	
16	d	Clutther bish.		26	26	g	
17	e	Oct. Laurenc	canc	9	27	a	
18	f	9 sun. aft. Trm		22	28	d	new moon the
19	g	Magnus	leo	5	29	c	22. Day halfe
20	a	Bernard		18	30	d	houre after 4.
21	b	Leues		30	31	e	in the mozn.
22	c	Octa. Assumpt.		13	Sep	f	Eclips. wind.
23	d	Barth. Apo.		24	2	g	
24	e	10 sun. aft. Fri.	libra	7	3	a	
25	f			19	4	d	
26	g	Ruffine mart.	scorp	1	5	c	first quar. the
27	a	Rufus		12	6	d	30. Day at 8
28	b	Augustine.		24	7	e	in the mozn.
29	c	Aug. sainte. chd.	sagitt	7	8	f	Faire
30	d	Felle		19	9	g	
31	e	Paulinus	capri	1	10	a	

August the Moone hath xxx. dayes.

Bid farewell physick, wine and women shun,
Lest woe is me (thou cryest) I am undon,
Use slender dyet, cooling drinckes embrace,
If long on earth thou meanest to have a place.

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September hath XXX. dayes.

	Dai.	ho.	min.		ho.	min.		ho.	min.
Sun riseth	1	5	36	Sets	6	24	Dai.	12	48
	10	6	0		6	0	leng	12	0
	20	6	19		5	41		11	22

1	11. sun. aft. Tr.	Cap	14	11			
2	g Anthony		26	12	c		
3	a Gregory	Aqua.	11	13	d		Full moon the
4	b Moyles pro.		25	14	e		6. day at 11.
5	c Bertine	Pisc	9	15	f		before noon
6	d Eluthertus		24	16	g		Rainy and
7	e Nat. Qu. Eliz.	Aries	9	17	a		cloudy.
8	12. sun. aft. Tr.		24	18	b		
9	g Silvius	Taur.	9	19	c		
10	a Prothus		24	20	d		Last qua. the
11	b Martian	Gem.	8	21	e		13. day at 2.
12	c Gupdon mar.		22	22	f		in the morn.
13	d sol in Libra.	Canc.	6	23	g		temperate.
14	e Holy Crosse.		19	24	a		
15	13. sun. aft Tr.	Leo.	2	25	b		
16	g Cyprian bish.		15	26	c		
17	a Lambert		27	27	d		new moon the
18	b Victorinus	Virg	10	28	e		20. day at 8.
19	c Nat. of Mary		22	29	f		afternone.
20	d Fast	Libra	4	30	g		Fayre
21	e St. Eustace		16	1	a		
22	14. sun. aft. Tr.		28	2	b		
23	g Cecla virg.	Scor	9	3	c		
24	a Andoche.		21	4	d		
25	b Firmin M.	Sagitt	3	5	e		first qu. the
26	c Cyprian. mar		15	6	f		28. day halfe
27	d Col. & Dam.		29	7	g		houre aft. 11.
28	e Exuper. Fast	Capz	10	8	a		at night.
29	f Rich. Rich.		23	9	b		more frosty
30	g Hierome.	Aqua	6	10	c		

September the Moone hath 29. dayes.

Cheere up thy selfe, and do such physicke take
As may thy body sound and healthfull make;
Take heed of surfet, naughty fruits forbear
If thou intendst to live another yeare.

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October hath XXXI. Dayes.

	Dai.	ho.	min.		ho.	min.		ho.	min.
Sun riseth	{	^I 6	38	} Sets	⁵ 22	{	Dai. leng	¹⁰ 44	{
		10	7		4			9	
		20	7		4			9	

1	a	Remigius	aqua	19			d	1
2	b	Leodegarius	pisces	3			e	2
3	c	Candido mar.		18			f	3
4	d	Franc. conf.	artcs	3			g	4
5	e	Apollinaris		18			a	5
6	f	16 sun. aft. Tr.	taur	3			b	6
7	g	Faith virg.		18			c	7
8	a	Delagius	gem	3			d	8
9	b	Theodoze.		18			e	9
10	c	Geron	canc	2			f	10
11	d	Martine		16			g	11
12	e	Sol in corpio		29			a	12
13	f	17 sun. aft. Tr.	leo	12			b	13
14	g	Calixtus po.		24			c	14
15	a	Wolfran	virg	7			d	15
16	b	Michael		19			e	16
17	c	Etheld. fast	libz	1			f	17
18	d	Anne Evang.		13			g	18
19	e	Fridelwold		25			a	19
20	f	18. sun. aft. Tr.	scorp	6			b	20
21	g	Tres Mich.		18			c	21
22	a	Mary Salo.		30			d	22
23	b	Cerin begins	sagit	12			e	23
24	c	Maglopp.		24			f	24
25	d	Crispianus.	capri	7			g	25
26	e	Ursula		19			a	26
27	f	19. sun. aft. Tri.	aqua	2			b	27
28	g	Sim. & Jude		15			c	28
29	a	Mense Mich.		28			d	29
30	b	Germane	pisces	12			e	30
31	c	Quint. Fast.		26			f	31

Full Moone
the 5. day at 8
of the clock in
the afternoone
cloudy.

Last quarter
the 12. day at
1. afternoone.
temperate.

New Moone
the 20. day at
3. afternoone.
temperate

Rebel. in
Ireland.

first qua. the
28. day at 1.
afternoone.
wind & wet.

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October the Moon hath xxx. dayes.

Yet paynck helpe is not to be refused

Of such as want. and warily can use it :

Good spent abroad for such as keep an hounds,

But best at home for him that hath no grounds.

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November hath XXX. dayes.

	Dai.	ho.	min.		ho.	min.		ho.	m.
Sun riseth	1	7	44	Sets	4	16	Dai. leng	8	32
	10	7	57		4	3		8	6
	20	8	10		3	5		7	40

1	d	St. Andrew	aries	11	11	g	
2	e	All Soules		26	12	a	
3	g	20. sun. aft. Tri.	taur.	11	13		
4	a	Craftin. anim.		26	14	c	Ful moon the
5	b	St. Andrew	gem	11	15	d	4. Day past 5.
6	c	Leonard.		26	16	e	in the mozn.
7	d	Willibzood	canc	11	17	f	windy.
8	e	4. Crow. ma.		25	18	g	
9	a	Theodore	leo	8	19	a	
10	b	21. sun. aft. Tri.		21	20		
11	c	Martine bish.	virg	3	21	c	Last quar. the
12	d	Craft. Mart.		16	22	d	11. Day at 4.
13	e	St. Andrew		28	23	e	in the mozn.
14	a	Jucundus	libra	10	24	f	winds.
15	b	Leopaldus		21	25	g	
16	c	Edmund dep.	scorp	3	26	a	
17	d	22. sun. aft. Tr.		15	27		
18	e	Octab. Martin.		27	28	c	new moon the
19	a	Nat. of K. Ch.	sagit.	9	29	d	19. Day at 9.
20	b	Edmund R.		21	30	e	in the mozn.
21	c	Pres. of Ma.	capri	4	De	f	Fayre.
22	d	Cicilly virg.		16	2	g	
23	e	Clement		29	3	a	
24	a	23. sun. aft. Tr.	aqua	12	4		
25	b	Quind. Mart.		26	5	c	First qua. the
26	c	Linus	pisce	8	6	d	27. day at 1 in
27	d	Agricola		22	7	e	the morning.
28	e	St. Andrew	aries	6	8	f	unconstant
29	a	St. Andrew		20	9	g	weather.
30	b	St. Andrew	taur	5	10	a	

November the Moone hath 29. dayes.

Now musk and meath are wholesome drinks esteem'd,
And meate well spiced worthy dyet deem'd,
Hot baths avoyd, but honest exercise
I with thee use in any kinde of wise.

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December hath XXXI. dayes.

	Dai.	ho.	min.		ho.	min.		ho.	min.
Sun. riseth	I	8	18	Sets	3	42	Dai. leng	7	22
	10	8	22		3	18		7	16
	20	8	18		3	42		7	22

1	f	Advent sunday	taur	20	11	b	
2	g	Candidus	gem	5	12	c	
3	a	Cassianus		20	13	d	full moon the
4	b	Barbara.	canc	4	14	e	3. day at 4. in
5	c	Sab. abbot.		19	15	f	the afternoon.
6	d	Nicholas.	leo	3	16	g	·Fayre.
7	e	Ambrose.		16	17	a	
8	f	2 sun aft. Adv		29	18	b	
9	g	Cyprian Ab.	virg	12	19	c	
10	a	Eulalia.		24	20	d	last quart. the
11	b	Sol in Capric.	libra	6	21	e	10. day at 11.
12	c	Paul Bishop		18	22	f	at night.
13	d	Eucle virg.		30	23	g	Raine.
14	e	Valerian.	scorp	12	24	a	
15	f	3 sun aft. Adv.		23	25	b	
16	g	D Sapientia	sagit	6	26	c	
17	a	Lazarus bish.		18	27	d	
18	b	Victor mart.		30	28	e	new moon the
19	c	Julian	capri.	13	29	f	19. day at 3. in
20	d	. fast		26	30	g	the morning.
21	e	Thomas Ap.	aqua	9	31	a	temperate.
22	f	4. sun. aft. Adv.		22	jan	b	
23	g	Alcozia	pisc.	5	2	c	
24	a	. fast		19	3	d	
25	b	Christm day.	aries	3	4	e	
26	c	S. Stephen.		7	5	f	1st quar. the
27	d	John Eben.		20	6	g	26. day at 10.
28	e	Innocent	taur	15	7	a	in the morn.
29	f	Parellus		29	8	b	unconstant-
30	g	James transf.	gem	14	9	c	weather,
31	a	Silvester		27	10	d	

December the Moone hath xxx. dayes.

Hot meats, sweet wine, and fire of fragrant wood
The spirits raise, and help to cheere the blood:
But milke and Kid, and all such watrish geere
Bequeath to him that hath no better cheere.

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What man is now but doth desire to count,
 If commings in or layings out surmount,
 Within this Table plain it doth appeare,
 Thy daily charge to cast each month and yeare.

By the Day.	By the moneth or 28. Dayes	By the Yeare or 365. dayes.
1 Penny	2 shill. 4. d.	1. Pou. 10. sh. 5. d.
2	4 8	3 10
3	7 0	4 11 3
4	9 4	6 1 8
5	11 8	7 12 1
6	14 0	9 2 6
7	16 4	10 12 11
8	18 8	12 3 4
9	1 poun. 1. sh.	13 13 9
10	1 3 4	15 4 2
11	1 5 8	16 14 7
1 Shilling	1 8	18 5
2	2 16	36 10
3	4 4	54 15
4	5 12	73
5	7	91 5
6	8 8	109 10
7	9 16	127 15
8	11 4	146
9	12 12	164 5
10	14	182 10
1 Pound	28	365
2	56	730
3	84	1095
4	112	1460
5	140	1825
6	168	2190
7	196	2555
8	224	2920
9	252	3285
10	280	3650
20	560	7300

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